



Short Breaks Service



For Children with Disabilities

Newsletter w/c 13th March 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

We're supporting



March 13 - 19, 2023

www.neurodiversityweek.com

Free Cooking classes and Drum-A-Long with SEND R US



Free COOKING CLASSES

For individuals & families in Halton with SEND

Monday 13th March
Monday 20th March
Monday 27th March
5pm-7pm

Places are limited so Direct Message us on Facebook or email sendrus@mail.com to book

Ashley High School
Cawfield Ave
Widnes
WA8 7HG

Please inform us of any food allergies or intolerances when booking

SEND R US CIC
sendrus@mail.com

All children/young persons must be accompanied by a family member/carer

There are still places available for the popular cooking classes with SEND R US with the next sessions on Monday 13th and Monday 20th March 5pm-7pm at Ashley School Widnes. As always spaces are limited for both dates so email sendrus@mail.com or send a DM [through their Facebook page](#).

A promotional poster for a 'Drum-A-Long' event. The top section has a purple background with the SEND R US logo (two stylized figures) and the event title 'Drum-A-Long' in large white letters. Below the title, the date 'Thursday 16th March' and time '5pm-6.30pm' are written in yellow. The middle section features a dark background with a drum set and the text 'Have some fun & have a Drum' in green. Below this, a white text box explains that Drum-A-Long is a form of physical and mental exercise that increases BPM and is great for mental wellbeing. There are three call-to-action boxes: a green one for eligibility (people of any age with SEND, long-term, or chronic illnesses), a yellow one for booking (message via Facebook at SEND R US CIC), and a purple one for children (must be accompanied by a parent or carer). The bottom right contains the venue address in a red oval. The bottom left features the 'ALL OF US VERSUS ARTHRITIS' logo.

 **Drum-A-Long**
Thursday 16th March
5pm-6.30pm

Have some fun & have a Drum

Drum-A-Long is a form of physical and mental exercise which increases your BPM. It is great for mental wellbeing, it's enjoyable and brings people together

For people of any age living in Halton with SEND, long-term or chronic illnesses

Message us via Facebook at SEND R US CIC to book your place as spaces are limited

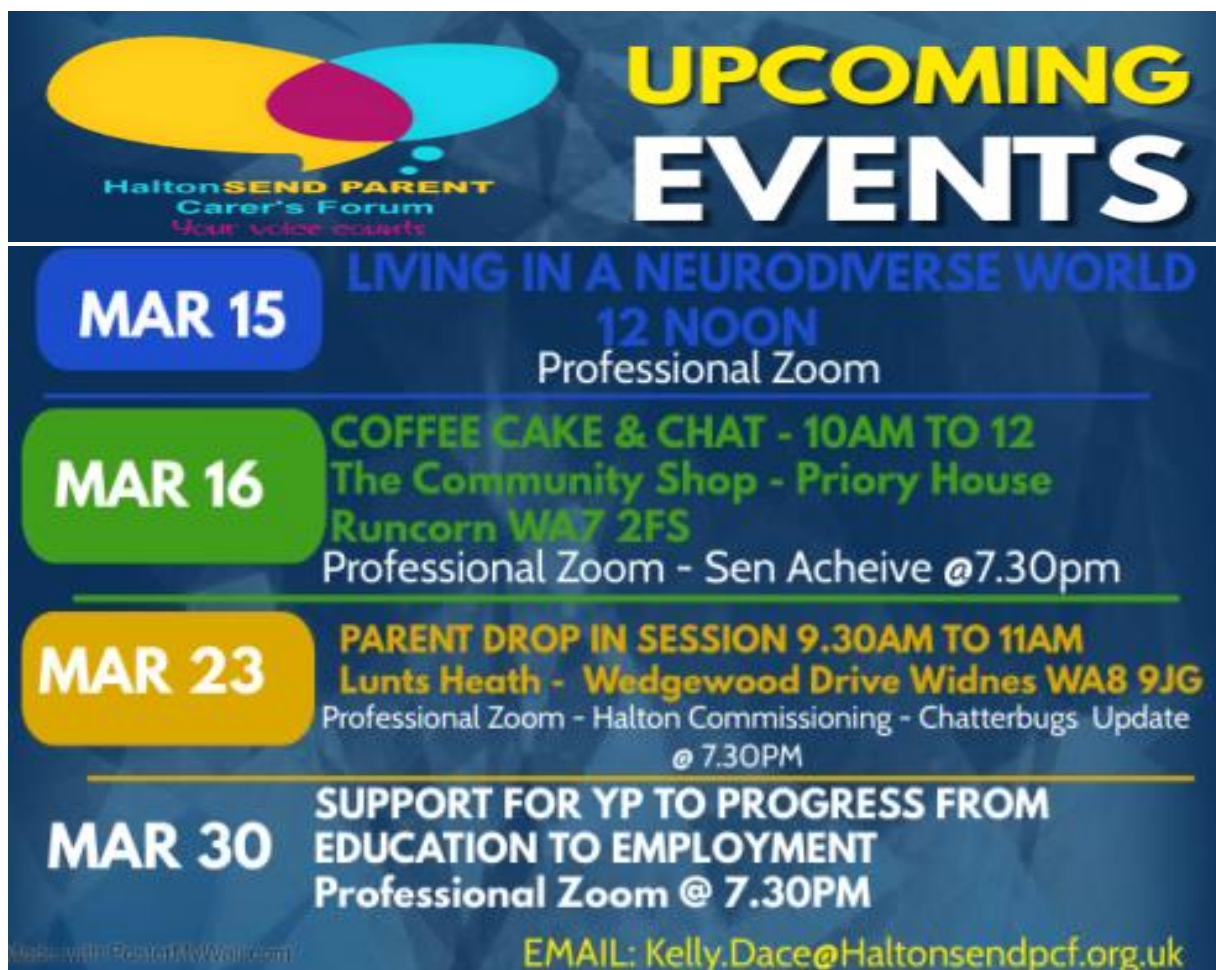
ALL OF US VERSUS ARTHRITIS

All children must be accompanied by a parent or carer

Ashley High School
Cawfield Avenue
Widnes
WA8 7HG

And their next Drum-A-Long session is this Thursday 16th March 5pm-6.30pm also At Ashley School. Again, you can book you spaces by emailing sendrus@mail.com or send a DM [through their Facebook page](#).

Upcoming activities with Halton SEND Parent Carer Forum



The poster features the Halton SEND Parent Carer's Forum logo at the top left, which consists of three overlapping speech bubbles in yellow, cyan, and magenta. To the right of the logo, the text 'UPCOMING EVENTS' is written in large, bold, yellow and white letters. Below this, four event listings are presented, each with a date in a colored box and event details in white and yellow text. The events are: 1. MAR 15: LIVING IN A NEURODIVERSE WORLD, 12 NOON, Professional Zoom. 2. MAR 16: COFFEE CAKE & CHAT - 10AM TO 12, The Community Shop - Priory House Runcorn WA7 2FS, Professional Zoom - Sen Achieve @7.30pm. 3. MAR 23: PARENT DROP IN SESSION 9.30AM TO 11AM, Lunts Heath - Wedgewood Drive Widnes WA8 9JG, Professional Zoom - Halton Commissioning - Chatterbugs Update @ 7.30PM. 4. MAR 30: SUPPORT FOR YP TO PROGRESS FROM EDUCATION TO EMPLOYMENT, Professional Zoom @ 7.30PM. At the bottom right, the email address 'EMAIL: Kelly.Dace@Haltonsendpcf.org.uk' is provided. A small URL 'http://www.haltonsendpcf.org.uk' is visible at the bottom left.

UPCOMING EVENTS

MAR 15 LIVING IN A NEURODIVERSE WORLD
12 NOON
Professional Zoom

MAR 16 COFFEE CAKE & CHAT - 10AM TO 12
The Community Shop - Priory House
Runcorn WA7 2FS
Professional Zoom - Sen Achieve @7.30pm

MAR 23 PARENT DROP IN SESSION 9.30AM TO 11AM
Lunts Heath - Wedgewood Drive Widnes WA8 9JG
Professional Zoom - Halton Commissioning - Chatterbugs Update
@ 7.30PM

MAR 30 SUPPORT FOR YP TO PROGRESS FROM
EDUCATION TO EMPLOYMENT
Professional Zoom @ 7.30PM

EMAIL: Kelly.Dace@Haltonsendpcf.org.uk

Halton SEND Parent Carers Forum have several events coming up including their coffee cake and chat on Thursday at the Community Shop, Priory House Runcorn, a drop in session for parents at Lunts Heath Primary School Widnes on Thursday 23rd March, and several more Zoom meetings with professionals:

- Living in a neurodiverse world with Julie Hutchinson and Michelle Downes
– **Wednesday 15th March 2023 12noon**
- SEN Achieve overview with Chris Hadjigeorgiou –
Thursday 16th March 2023 7:30pm
- Halton Commissioning updates with Julie Karmy –
Thursday 23rd March 2023 7:30pm
- From Education to Employment with Paula Edwards and Tracy Wynne
– **Thursday 30th March 2023 7:30pm**

If you are not a member of the forum you can contact the team by emailing admin@HaltonSendPCF.org.uk or Kelly.Dace@Haltonsendpcf.org.uk.

You can also visit [their Facebook page](#) or website: haltonsendcarersforum.org.uk to access the Zoom information.

Vibe Outdoors Club March activities

Team Building Challenges

Junior Club
vibe
outdoors

Saturday
25th March
9.30am-12.30pm
@ Vibe
Outdoors!

Transport
Provided

Ages
8-11

FREE

LIMITED SPACES

Register now by clicking the link or scanning the QR code:

BOOK
HERE

Collection Points:

Runcorn: Old Police Station, Mersey Road, WA7 1DF
Widnes: McDonalds, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Junior Youth Club (8-11) for SEND young people in Halton

vibeuk.org

disability confident HALTON COUNCIL HIGH HALTON HIGH VIBE AALA

This month the Vibe Outdoors Juniors and Seniors Club will be tackling **team building challenges on Saturday 25th March**. The Juniors session will run 9.30am to 12.30pm with the Seniors in the afternoon 1.30pm to 4.30pm.

As always the pick-up points will be at the Old Police station in Mersey Road Runcorn, and at McDonalds Moor Lane Widnes.

To register scan the QR codes in the posters or [click here for the Juniors session](#) and [click here for the Seniors](#).

Team Building Challenges

Senior Club
vibe
outdoors

**Saturday
25th March
1.30pm-4.30pm**
@ Vibe
Outdoors!

**Transport
Provided**

**Ages
12-17**

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Collection Points:
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**BOOK
HERE**



disability confident vibeuk.org HALTON HALTON HIGH **vibe** AALA

Spring Crafts with Camp Curiosity

**HALITON
MakeFEST**

SPRING-THEMED CRAFTS WITH

CAMP CURIOSITY

LIVERPOOL CITY REGION HALTON Make CREATE CAMP CURIOSITY

Camp Curiosity will be at Halton Libraries in Widnes on **Saturday 18th March at 10am -11.30am**. Join them for a fun-filled and artistic morning as part of the run up to Halton MakeFest. Book a place on this free family friendly event and find out more [by clicking here](#).

SEN sessions at Gravity Warrington



Gravity Warrington are holding SEN sessions every Sunday, where the whole park and its facilities are made exclusively available to members of recognised disabled groups and societies and caters for a wide range of disabilities

Trampolining has been shown to help with a wide range of sensory, developmental and physical disabilities. Based at Times Square in Warrington, the Gravity SEN sessions cost £6 for 1 hour and one carer goes free when you use the code COMPCARER. Visit [their website here](#) to find out more or [click here to book a place](#).

Peaceful play session at Fun Arena in Burscough



Fun Arena based in Burscough are holding autism-friendly sensory Peaceful Play sessions on 29th March between 3.30pm and 6.30pm allowing children and young people to enjoy Fun Arena in a relaxing way - all ages are welcome!

Their Sensory Sessions are catered to those with learning difficulties or on the autism spectrum. The music will be turned down or off, with no strobe lighting, reduced capacity, no wristbands, and includes water play and soft play

Online booking is essential – [click here to visit their website and book your place](#).

MAX cards



As we approach the Easter holidays and the weather hopefully starts to improve(!) don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

'If in doubt, check it out' campaign with Action Cerebral Palsy during March

Action Cerebral Palsy are working towards a vision where every one of the **30,000 children and young people** with cerebral palsy in the UK is able to access from birth onwards the very best possible intervention, care, education and support which meets their complex and changing needs.

Their 'If in doubt, check it out' campaign aims to raise awareness of the early signs of cerebral palsy amongst the general public as identification and intervention at the earliest opportunity provides the infant at risk of cerebral palsy with the best possible outcomes in terms of future progress and independence.



IF IN DOUBT, CHECK IT OUT

DID YOU KNOW THAT WITH EVERY MOVEMENT YOUR BABY MAKES, YOUR BABY IS LEARNING AND DEVELOPING?



0 to 3 mths
learning head
control



3 to 6 mths
learning to
roll and reach



IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD, PLEASE TELL YOUR DOCTOR OR HEALTH VISITOR:

- ⇒ Feeling floppy, stiff or a combination of both
- ⇒ Not kicking legs or moving arms and legs up when lying down
- ⇒ Not bringing hands together

It is important to remember that babies develop in different ways and at different rates, but you should trust your instincts. If you have **any** concerns about your child's movements or development, don't panic, but **check it out** and speak to your doctor or health visitor. You can find out more on [the website here](#).

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

Tel: 0151 511 6560

Email: AimingHigh.forDisabledChildren@halton.gov.uk