



**Pretend you have paint on your feet.**

Try to spread the paint by jogging everywhere.

**Now you have paint on your hands too!**

Can you use your hands and your feet to cover the floor in footprints and handprints?

It's time to cool down after all of our hard work.

Pretend you are a tired lion! Lie down on the floor and relax. Imagine you are a sleeping lion.

I will walk around the space quietly and gently tap someone on the shoulder. That person should quietly get up, tap someone else on the shoulder and then line up, ready to get changed.

This will carry on until all the lions have woken up!

